

Does it Feel like WORK Meeting Women? - Part I

Does it ever feel like WORK meeting women?

And how does it feel that despite of all your hard work you're still not getting the success you're looking for?

READ ON if you answered YES those questions.

I'm not going to lie, the dating game can be quite frustrating.

You are interested in a woman that has a boyfriend.

You think everything will be going great with a woman and then she stops answering your calls.

Aside from the fact that as the guy you are the one that do everything in order to move things forward.

YOU have to have the courage to approach.

YOU have to keep the conversation going at first, YOU have to escalate physically, YOU have to get HER number or rack your brain to figure out a logistical way to take her home, YOU have to plan the date.

Not to mention there are much higher standards for men's behavior than women.

(Don't get me started on that...let's just think that girls are allowed to get away with sub-par behavior just because they are "pretty.")

It can be pretty exhausting, especially if you're not "extroverted" by nature.

...I just had a client who often complained of "extroversion fatigue."

I knew exactly what he meant because I used to struggle with it too.

Looking back I used to teach myself about pick-up, I would go out, talking to three or four women and then find myself mentally DRAINED.

I would have to sit down and rest!

Come to think how strange the situation is, I am supposed to have fun and relax but instead I am working harder than I was at my full time job.

I would go home absolutely dead

... from having a CONVERSATION WITH WOMEN!

Does it make sense to you???

And there was the overall, general dating fatigue. The emotional ups and downs, the discouraging results, the effort I had to make just to get women to hang out with me or to sleep with me.

It is just like I am having an overtime in my full-time job!

When I first got in this game, I literally had to force myself to go out and pickup ALL DAY for days on end. (I admit, I was a nerd, and pushed it to the extreme.)

But what can I say, I was very eager to learn all this stuff (and not to mention extremely hungers for results after years of sensual frustration).

It's like a professional athletes that pushes themselves in the gym, that is how I pursue myself.

I was working muscles I had never used before, or to be more precise, I was forming NEW NEUROPATHWAYS.

If you do understand any of this stuff, then probably you are working too hard in your interaction with women.

About the Author

Vin DiCarlo is an expert dating trainer, whose highly advanced website [DiCarlo DiClassified](#) and see what he has taught about VH1's [Mystery the Pick Up Artist](#) show.

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